

Gregorian Chant Retreat

Psalms from the Heart

Immerse yourself in chant July 21-23, 2012 at Hood Canal in Union, WA

Learn and chant monastic prayers as open-hearted spiritual practice in a beautiful woodland sanctuary. We anticipate a rich and meditative time together at St. Andrew's House Retreat and Conference Center overlooking Hood Canal. In between our chanted prayer services there are teaching sessions where you learn new chants and explore their deeper spiritual meanings in a welcoming multifaith context. Previous chant or singing experience is helpful but not necessary.



CHANT

Singing Psalms is a central part of traditional Judeo-Christian spiritual practice. In this retreat you will learn beautiful **Psalm melodies from the Gregorian Chant repertoire, along with Psalm chants from the Jewish and Greek Orthodox traditions.** We will also reflect on David—the archetypal warrior, lover, poet, and ruler traditionally considered the author of the Psalms. Join us in this exploration of sacred poetry, so full of deep human emotions and the quest for connection with the Divine.

This is a special opportunity to participate in the chanted **Liturgy of the Hours**, an ancient and meditative collection of psalms, hymns and scripture. Enter into ancient rhythms of prayer, melody, and sacred time as practiced by monastics for centuries. Over the course of the weekend **we will sing 11 Gregorian chant services in a resonant**

woodland chapel. The deep communal stillness and listening at the heart of the chant experience draws us into contemplation.

Joseph Anderson leads us on this meditative journey. He is a founding member of the **Peregrine Medieval Vocal Ensemble** (Artists-in-Residence at St. Mark's Cathedral, Seattle), and Associate Director of the Center for Sacred Art. Joseph has studied, performed, and taught Gregorian chant for the past 18 years. His particular interest is in traditional sacred music as a form of spiritual practice in the world's religions.



"I really appreciate Joseph's passion, skill, articulation, and generosity on all levels. His attention to both precision and detail and also to the flow and feeling of Gregorian chant was extremely balanced and enriches his teaching."

- Daoud Miller, Interpretive Guide and Naturalist

VISUAL ART



The weekend includes a slide presentation by Victoria Scarlett on **Books of Hours—late medieval illuminated prayerbooks that enabled laity to emulate monastics and practice the Liturgy of the Hours.** Victoria is Director of the Center for Sacred Art in Seattle. For 30 years Victoria has specialized in the understanding, appreciation, and history of sacred art, the visual culture of which it is part, and its place in devotional practices throughout the world.

"Thanks again for the wonderful Gregorian chant weekend. I loved every minute of it. Everything was so well organized, the chant music was heavenly, and the art presentation was exquisite as always."

- Karin Wallner-Bickham, Staff, Saint Placid Benedictine Priory

LOCATION

The deeply peaceful setting of **St. Andrew's Retreat Center** at the southernmost point of Hood Canal nourishes in many ways--from the sacred space of its woodland chapel, to wonderful views of the Olympic Mountains. Past participants have had overwhelmingly positive and powerful experiences. For the retreat schedule, photos of St. Andrew's House, comments by participants, and a registration form go to our website's homepage located at www.centerforsacredart.org and scroll down to "Summer 2012 Gregorian Chant Retreat."



REGISTRATION

The registration fee of \$280 covers your chant materials, instruction, food, and lodging in shared rooms. Space is limited and reservations are on a first-come first-served basis. Space allowing, receipt of your completed form and check ensures your place at the retreat. To register, mail the following to the Center for Sacred Art (12025 Palatine Ave N, Seattle, WA 98133):

- **your check** for \$280 made out to the "Center for Sacred Art"
- a **completed retreat registration form**, available through our website at www.centerforsacredart.org (If you can't access it, call us and we'll send you one)

Cancellations are refundable if there is a waiting-list person willing to take your place. If you have any questions please don't hesitate to call us at 206-781-8544 or email us at info@centerforsacredart.org.

This retreat is produced and presented by the

Center for Sacred Art

Shining a new light on sacred art traditions.

The Center for Sacred Art is an independent ecumenical educational organization.

We develop, produce, and present quality programming and content that explores the intersection of contemporary spirituality and the sacred arts.

Our activities include educational events, public programs, research, and publications that are grounded in a historical understanding of sacred art. Our programs are known for their depth, beauty, and richness of content.

We seek to reclaim the practices and traditions of sacred art as a tool for supporting connection, spiritual growth, and healing. We are interested in re-establishing the traditional connection between sacred art and inner work (prayer and meditation, visualization, and other forms of spiritual practice).

Our approach is holistic and multifaith. We believe sacred art is a uniquely effective vehicle for identifying resonances among religious and spiritual traditions throughout the world. The Center seeks to identify commonalities that lead to an integrative understanding of humanity and world sacred art.

Administrative offices: **12025 Palatine Avenue N., Seattle 98133**

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